

# Massage

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## OUR SIGNATURE HEAVENLY SPA THREE STONES RITUAL

A treatment using Westin White Tea products is complementary to all of our massage therapy services.

Meditate on positive thoughts during your Heavenly Spa Signature Massage treatment. Choose a stone based on what you would like to think about during your treatment and set your intention while our highly trained therapist takes you away to a peaceful state of bliss:

- Something you are hoping for;
- Something you are grateful for;
- Someone you love;

## RELAXATION MASSAGE

A traditional Swedish massage uses light to medium pressure to improve circulation, promote flexibility, and enhance physical and mental well-being.

60 MINUTES \$195 | 90 MINUTES \$255

## DEEP TISSUE MASSAGE

Using a special blend of massage oils, this deep-tissue massage is specifically tailored to sports enthusiasts and regular massage aficionados. Alleviates muscle tension, aches, and pains.

60 MINUTES \$225 | 90 MINUTES \$295

## HOT STONE HEAVENLY MASSAGE

Combining long gentle strokes with warm volcanic and Himalayan sea salt stones allows your muscles to relax and soften naturally. This is a popular massage with lasting results.

60 MINUTES \$230 | 90 MINUTES \$270

## MOTHER-TO-BE MASSAGE

Expecting mothers need extra attention to tight shoulders, legs, and feet to ease the heavy feeling that can come with pregnancy. A full scalp and facial massage complete this head-to-toe treatment.

60 MINUTES \$195 | 90 MINUTES \$255

## DUET MASSAGE

Using long swaying movements that mimic the endless ripples of the ocean waves. Four hands will systematically caress you into a dream-like state.

60 MINUTES \$420 | 90 MINUTES \$535

## COUPLES MASSAGE

Whether you are on a romantic getaway or simply treating yourself to an indulgent spa session, a couple's massage is a great way to relax and rejuvenate both you and your loved one. Despite the suggestive name, couples massages are not just for couples- friends and family members can also enjoy this experience together.

60 MINUTES \$410 | 90 MINUTES \$530

# Spa Etiquette and General Information

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## **SCHEDULING POLICY**

We encourage you to schedule your appointment prior to your arrival at the resort to obtain your preferred time; however walk-ins are welcome, but not guaranteed.

## **ARRIVAL GUIDELINES**

Please arrive at least 30 minutes prior to the start of your scheduled appointment to allow yourself time to shower and use the lounge, sauna, steam room, and Serenity Pool. Your service will start promptly at the time listed in your appointment confirmation. Arriving later will limit the time for your treatment, thus decreasing your relaxing experience. Your treatment will end on time, so that the next guest is not delayed and the full value of your treatment will be charged.

## **MINIMUM AGE**

The spa is an adult facility, However, guests 14-17 years of age are welcome if accompanied by an adult. Children 14-17 years of age will be partnered by a therapist of the same gender and written consent from parent/guardian will need to be given.

## **SERENITY POOL**

Our Serenity Pool is meant for the relaxing & recharging of the mind and spirit and is available for spa guests to enjoy before or after treatments. Private cabanas are available for a daily fee. We encourage you to follow the minimum age requirements listed above and kindly ask that you respect its quiet, tranquil environment and the guests enjoying it.

## **MEDICAL CONCERNS AND COMFORT LEVEL**

Guests who are pregnant, have had recent surgery, or have any other medical concerns are advised to consult their physician before booking spa services. Please be sure to list these and any medication you are taking on the intake form prior to arriving at the spa.

## **CELL PHONES, PERSONAL ELECTRONIC DEVICES AND CAMERAS**

We strive to provide our guests with a tranquil and private experience. Please help us by turning off cell phones, personal electronic devices, and cameras upon entering the spa. No cell phones are permitted in the spa lounge or treatment rooms.

## **CANCELLATIONS**

As a courtesy to all, we ask that an eight-hour notice be given if you need to cancel or change your appointment. With less than an eight-hour notification, guests will be charged 50% of the treatment fee for a cancellation or \$25 for a reschedule. For no-show appointments, the full treatment fee will be charged.

## **PRICING AND PAYMENT**

To maintain maximum standards of quality service, prices may change without prior notification. You may charge treatments to your guest room and all major credit cards are accepted. Personal checks are not accepted.

## **GRATUITIES**

A 25% service charge will be added to your service upon departure and a portion will be distributed to the staff for you.

## **GIFT CERTIFICATES**

Gift certificates are available and may be applied toward the purchase of products or services. Gift certificates must be presented at the time of redemption and cannot be redeemable for cash.

## **THE WESTIN BEACH RESORT & SPA AT FRENCHMAN'S REEF**

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St. Thomas, VI 00802  
340-249-0118 or Ext. 4118  
Spa@frenchmansReef.co



heavenly  
BY WESTIN™ / spa

Awaken  
Your Senses

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# Facials

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## **RED-CARPET RADIANCE TREATMENT**

The Red-Carpet Radiance Facial is a celebrity favorite. It will help the appearance of the skin by brightening, sculpting, lifting, firming, soothing—and increasing its radiance. It will also target the appearance of fine lines around the eyes, and wrinkles on the face, upper lip, and hands. It leaves the skin more refreshed and radiant.

90 MINUTES \$275

## **SIGNATURE FACIAL**

This proprietary deep-muscle facial massage incorporates acupressure and lymph drainage, to provide a great antidote for gravity, and a viable alternative to more intensive treatments. The ARCONA Face Contouring massage exercises, tones, and tightens the appearance of the face, leaving it looking vibrant and energized. Contouring relieves the appearance of puffiness, for a finer, and more contoured look. It relaxes and tones the face. Cumulative treatments produce deeper, more profound results. For all skin types except problem skin.

90 MINUTES \$250

## **FACE CONTOURING WITH ENZYME PEEL**

A favorite treatment of those who love the ARCONA Signature Face Contouring, plus the added results of our aromatic Enzyme Peel. Natural organic fruit enzymes break down the outermost layer of the skin and stimulate the dermis to produce more collagen and elastin. Next, the ARCONA Facial Contouring brings out cheekbones and relieves puffiness for a finer, more contoured look. Skin looks healthy, vibrant, and years younger. For all skin types except problematic.

60 MINUTES \$245

## **BRIGHTENING FACIAL**

Uneven skin tone, melasma, acne scarring, and hyper-pigmentation are addressed in this clarifying treatment. Organic fruit enzymes, Lactic acid, and Kojic acid are combined to refine and brighten the skin. A potent treatment for discoloration and irregular pigmentation; your illuminated complexion will thank you!

60 MINUTES \$210

## **ORGANIC ENZYME PEEL**

The ARCONA Organic Fruit Enzyme Peel is the ultimate resurfacing and hydrating treatment that transforms the skin. This customized facial deeply exfoliates, brightens, and moisturizes with organic fruit enzymes, skin-brightening, acids, and nourishing antioxidants to revitalize and help provide excellent cell renewal for lackluster, dull, and sun-damaged skin. Purifying enzymes improve clarity, texture, and tone, boost radiance, provide deep hydration and increased firmness while softening and smoothing skin's texture. This active yet soothing treatment cleanses and restores your skin to its natural and beautiful balance leaving skin glowing and radiant. For all skin types except clients undergoing Retin-A therapy.

60 MINUTES \$210

## **FOUR O'CLOCK FLOWER SOOTHING FACIAL**

Featuring products from our skin soothing line, derived from the mirabilis Jalapa flower, this gentle treatment will help to balance the challenges of rosacea, hydrating and strengthening the skin with botanical lipids and a very mild, soothing enzyme peel, balancing color and texture for a smooth, even appearance. For delicate skin types.

60 MINUTES \$210

# Facials

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## **MEN'S PERFORMANCE FACIAL**

Our one-of-a-kind facial treatment is designed especially for the challenges and conditions of a man's skin. Relaxes, tones, and purifies. Our unique process utilizes a lactic peel with a deep cleanse, to produce powerful results for him. Prepare to be amazed. For all skin types.

60 MINUTES \$210

## **BACK ENZYME TREATMENT**

This unique treatment, focusing on the entire back, is designed to relax while balancing and purifying the skin. We utilize an enzyme peel with a deep pore cleanse to clear congestion while refining skin tone and texture.

30 MINUTES \$150

## **BLEMISH BUSTING FACIAL**

Our pore-purifying blemish facial uses the star ingredient Salicylic Acid to cleanse the skin deeply and effectively while dissolving surface oil, and clarifying the appearance of blemished and congested skin. Excellent for those with dull, lackluster, and unbalanced skin. It imparts a more refined and brighter appearance. This facial is ideal for those with blemishes, blackheads, and congested skin.

90 MINUTES \$260

## **HEAVENLY CUSTOM FACIAL**

This customized treatment utilizes all natural cranberry exfoliators to remove impurities and relieve pore congestion. This gentle, yet very effective method, prevents skin from becoming inflamed, discolored or scarred. Look and feel rejuvenated. For all skin types.

60 MINUTES \$210

## **LED THERAPY FACIAL ENHANCEMENT**

LED light therapy delivers light energy, similar to the way plants absorb light energy from the sun. It emits UV-free, beneficial light rays that energize and soothe the skin. It also provides four UV-free wavelengths concurrently, to target and help with the appearance of skin concerns such as blemishes, fine lines and wrinkles. Must be scheduled with a full facial service.

15 MINUTES \$75

## **FACIAL ENHANCEMENTS**

Scalp Massage with Treatment, Hand Enzyme Peel, Firming Eye Mask, Paraffin for hands/feet, Dermaplaning (+15 minutes), LED Therapy (+15 minutes) and Extractions (+15 minutes)

# Journeys

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## **CARIBBEAN ESCAPE**

Includes our 60-minute Relaxation Massage, Red Carpet Facial and Back Enzyme Treatment.

3 HOURS (approximately) | \$600

## **SUN RELIEF**

Includes our Hydrating Lavendar & Honey Body Treatment with scalp massage, Four O'clock Flower Soothing Facial, and paraffin wax application for hand & feet hydration.

2 HOURS (approximately) | \$435



# Body

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## **FRUIT ENZYME BODY PEEL TREATMENT**

Renew and resurface the skin in a single session. Organic enzymes work gently, but deeply, to remove dead cells and cleanse pores, restoring the skin's natural clarity and balance. Skin immediately looks more alive, luminous, and fresh, without the harsh side effects of a chemical peel. For all skin types except clients undergoing Retin-A therapy.

60 MINUTES \$235

## **HYDRATING LAVENDER & HONEY TREATMENT**

This ultimate nourishing experience uses warm lavender oil and honey to moisturize dry, dehydrated skin. Our special oil will blend into the body and lock-in the moisture. Lavender's soothing properties are the perfect antidote for after a day in the sun.

30 MINUTES \$195

## **SEAWEED BODY TREATMENT**

Seaweed is extraordinarily rich in minerals, phytonutrients, and an alphabet of vitamins. This deeply relaxing treatment uses warm seaweed, serums and clay to cleanse and detoxify, helping to disperse fatty deposits, tone skin, and restore elasticity. Amino acids and trace elements in seaweed promotes healing and skin rejuvenation.

60 MINUTES \$195

## **BODY ENHANCEMENTS**

Scalp Massage with Treatment, Paraffin for Hands/Feet, or Foot Massage

# Nails

**SPA MANICURE \$55/\$35(YOUTH)**

**SPA PEDICURE \$85/\$45(YOUTH)**

**POLISH CHANGE \$30**

# Wax

**BROW \$35**

**LIP \$35**

**LEGS \$55+**

**ARMS \$40+**

**BIKINI \$55+**

# Hair

Starting at \$65

# In-Room

In-room treatments available for an additional fee. Please contact the Heavenly Spa for additional details.

# Scheduling

For your convenience, scheduling a treatment is now easier than ever on our online portal. Review treatments, see available schedules and reserve your treatment in minutes. Scan the QR code below or visit [tinyurl.com/HeavenlySpa](http://tinyurl.com/HeavenlySpa)

